

Robert Ernest Bach is the author of *Abandonment Nightmares & The Honeysuckle Dream* and *Delusion Of Mind Strength Through Spirit*. His writing explores recovery, trauma, awareness, and the human experience through lived experience rather than theory. Drawing from decades of personal reflection and service, Bach invites readers to look beyond familiar narratives and examine the beliefs that shape their lives. His work encourages thoughtful conversation about healing, identity, and transformation. He lives in Rhode Island, where he continues to write while serving clients through his family-owned floral design studios.